

**Mind Flex LLC**  
**115 Pheasant Run Suite 212**  
**Newtown Pa, 18940**

**ADULT INTAKE**

**ALL INFORMATION IS CONFIDENTIAL**

**GENERAL INFORMATION**

Date: \_\_\_\_\_ Referred by: \_\_\_\_\_

Reason for Referral: \_\_\_\_\_

**PATIENT INFORMATION**

Patient Name \_\_\_\_\_ Date of Birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Age \_\_\_\_

Sex: Male \_\_\_\_\_ Female \_\_\_\_\_

Ethnicity: Caucasian \_\_\_\_\_ African American \_\_\_\_\_ Hispanic \_\_\_\_\_ Other \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_, \_\_\_\_\_  
(city) (state) (zip code)

Home phone (\_\_\_\_\_) \_\_\_\_\_ Work phone (\_\_\_\_\_) \_\_\_\_\_ ext. \_\_\_\_\_

Email \_\_\_\_\_ Fax (\_\_\_\_\_) \_\_\_\_\_ Other \_\_\_\_\_

Employer Name \_\_\_\_\_ Occupation \_\_\_\_\_

Employer Address \_\_\_\_\_  
(street) (city, state, zip code)

Length of Employment \_\_\_\_\_ Hours worked per week \_\_\_\_\_

Marital Status: Single \_\_\_\_\_ Married \_\_\_\_\_ Separated \_\_\_\_\_ Divorced \_\_\_\_\_ Widow(er) \_\_\_\_\_

**SPOUSE/PARTNER INFORMATION**

Name \_\_\_\_\_ Date of Birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Age \_\_\_\_

Mobile phone# \_\_\_\_\_ Work phone# (\_\_\_\_\_) \_\_\_\_\_ ext. \_\_\_\_\_

**EMERGENCY CONTACT INFORMATION**

In emergency contact: \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

**MEDICAL HEALTH INSURANCE INFORMATION**

**Primary Insurance Carrier** \_\_\_\_\_

Insurance Phone (\_\_\_\_) \_\_\_\_\_ Mental Health Phone (\_\_\_\_) \_\_\_\_\_

Subscriber Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Subscriber's Employer \_\_\_\_\_ Social Security # \_\_\_\_\_

Policy # \_\_\_\_\_ Group # \_\_\_\_\_

**MEDICAL CARE INFORMATION**

**HEALTH CARE PROVIDER**

Primary Care Physician \_\_\_\_\_

Physician Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_, \_\_\_\_\_ (city) \_\_\_\_\_ (state) \_\_\_\_\_ (zip code)

Office phone (\_\_\_\_) \_\_\_\_\_ Office fax (\_\_\_\_) \_\_\_\_\_

**PREVIOUS TREATMENT HISTORY**

Have you been diagnosed with any medical/physical/emotional/psychological conditions. If so, what diagnoses, when, and by whom?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**MEDICAL TREATMENT (previous accidents, surgeries, or hospitalization, recurrent illness)**

**Description, condition**

**Date**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**PSYCHOLOGICAL TREATMENT (psychologist, counselor, social worker, family therapist)**

**Description, condition**

**Date**

_____	_____
_____	_____
_____	_____
_____	_____

**MEDICATION**

Please list all medications, nutritional supplements taken including allergy shots, inhalers, vitamins/minerals, herbs. Please note any side effects, bad reactions or no effect for these drugs, etc.

**For Condition**

**Dose**

**Dates of Usage**

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**Substance**

**Current Frequency/Amount**

**Past Frequency/Amount**

Alcohol

Cigarettes

Cola

Caffeine

Marijuana

Cocaine/Stimulants

Hallucinogens

Pain Killers

Tranquilizers

Sedatives

Other

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

**FAMILY BACKGROUND**

**Mother Name** \_\_\_\_\_ **Date of Birth** \_\_\_/\_\_\_/\_\_\_ **Age** \_\_\_\_\_

**Occupation** \_\_\_\_\_

**Father Name** \_\_\_\_\_ **Date of Birth** \_\_\_/\_\_\_/\_\_\_ **Age** \_\_\_\_\_

**Occupation** \_\_\_\_\_

**Children** (Please list names and ages of your own children)

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**EDUCATIONAL HISTORY**

Please list the schools you have attended, dates attended, degrees/certificates earned, etc.

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**EMPLOYMENT HISTORY**

Please briefly describe your current and past employment/work situations.

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What are the Primary Presenting Symptoms? (Why are you seeking treatment?)

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What are your goals for treatment?

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Any additional comments?

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CONFIDENTIAL